



Workshop with Mystic Birinder Bhullar

Please join us for one or more evenings with Birinder Bhullar

Tuesday evenings beginning January 4, 7-9 PM

These classes will open you up to finding your truth. If you are not sure what that is... you might begin by asking yourself why are you here (on this Earth)? What truly makes you happy (does it come from within or without)? Who are you (defined by your role, your status, your money, your belongings, others)? If you have hesitation, you might want to further ask is there something you can do to improve upon your mind and body that will reveal your SELF and take you towards joy, which is inherent. This is where Birinder is most helpful.



Learn how to live in "the zone" all the time.

As Birinder says "life has been given to us for seeking our Truth. If you knew how rare an opportunity it is, and the regret your soul would suffer if you wasted it, you would not wait another moment to know more about true reality and become a seeker. Pain, misery, fear, meaninglessness and constant turmoil can never end in life until you begin living for your true purpose. Creation eagerly awaits this turning point in you, in each SELF, to open to the realm of true happiness and peace. The choice is yours."

For more information or to contact Birinder, visit mysticbirinder.com, follow him on [facebook](#), and buy his book, *The Supreme Being*.

Birinder will be at the Center on Wednesdays and Saturdays offering private and semi-private sessions. Please call or email if you would like to attend classes or schedule a private. Privates are 55 minutes from noon - evening and are \$125.

When

- **Workshops:** Tuesdays, 7-9 PM, beginning January 4
- **Privates:** Wednesday and Saturday, Noon - Evening, RSVP to schedule

Cost

- **Workshop:** \$ 40
- **Privates:** \$ 125

"As a teacher of teachers, Mystic Birinder takes us to the next level of spiritual Awakening. His Spiritual Alchemy brings enormous transformation into so many lives as a healer, teacher, visionary, and messenger of truth." - C.S.

Please email rsvp@theanandacenter.com or call 203-273-8364 with any questions.