

## Parasites The Enemy Within (abridged) by Hanna Kroeger

There are five different groups of parasites:

- Roundworms
- Single Cell Parasites
- Tapeworm Family
- Fluke Family
- Spirochetes

<b>Roundworms:</b>	Ascaris lumbricoides (common roundworm)	Hookworm
	Strongyloides stercoralis	Ancylostoma caninum
	Whipworm	Toxocara canis
	Pinworm	Pinworm
	Dirofilaria immitis (dog heartworm)	Trichinella spiralis

<b>Symptoms:</b>	Grinding of teeth at night	intestinal gas
	allergies	asthma
	snoring	digestive disturbance
	anemia	restlessness
	weight gain around full moon (up to 8 pounds)	

**Ascaris lumbricoides:** Common around the world. 25% of population is said to be infected. In Southern states up to 64% infected. Infection begins with the ingestion of the eggs which are usually present in contaminated soil or on fruits and vegetables grown in infected soil. Children easily infected through ingestion of soil. Eggs migrate out of digestive tract into blood and lymph, passing various organs including liver. Eventually they end up in the lungs where they migrate into trachea and are swallowed and return to intestines to mature. *For help: Wormwood, Black Walnut leaves, Quassia, Cloves, Male Fern. Eat as much raw garlic as possible.*

**Hookworm:** A disease marked by blood loss. People with hookworm show signs of anemia and malnutrition. May be consumed by eating infected fruits, vegetables or drinking water or by having them burrow through the soles of the feet or hands from infected soil. When burrowing through skin there is a rash, blisters and itching. Eventually they make their way to the lung. Migrate to trachea and are swallowed. Pass down the digestive tract where they attach to the walls of the intestine and drink blood. These worms are the only ones with teeth. Symptoms are lethargy, cloudy thinking, anemic and weak. *For help: Hookworm homeopathic, Thyme Tea - 2 cups strong followed by a dose of Epsom salt 1/2 hour later.*

**Strongyloides stercoralis:** Similar to hookworm. Burrows into skin, passes through circulatory system and into lungs. Up the trachea, and is swallowed. Matures in the intestines. People with suppressed immune systems can become heavily infected. *For help: See hookworm.*

**Ancylostoma Caninum:** Usually infects other animals, especially dogs. This worm will eventually die in few months. It travels around the skin causing a disease called creeping eruption. Itching and discomfort. *Help: Hookworm homeopathic.*

**Whipworm:** Common parasite. Infection through ingestion of vegetables and fruits that are contaminated with eggs. Eggs develop in small intestine travel to large intestine to mature. Symptoms include pain in abdomen, diarrhea, weight loss, nervousness, gas, weakness, insomnia. Heavy infections show appendicitis, prolapse and edema of the rectum and damage to the intestinal wall. *For help: Whipworm homeopathic and possibly Dioxin.*

**Toxocara Worm:** Intestinal roundworm of cats and dogs although humans may act as a host. Eggs are ingested through dirty hands, handling pets, or eating fruits or vegetables that may have the eggs on them. Eggs develop in the intestines where they mature and burrow into the circulatory or lymph system, eventually reaching the liver and then the lungs. In humans they do not complete their life cycle so they wander through the body causing damage and a condition called visceral larva migrans. The worms may end up in various organs causing a variety of symptoms. They have been known to lodge in the retina. *Symptoms: fever, joint pain, muscle pain, vomiting, liver, lung problems, rash. Help: Wormwood Combination (with Quassia, Cloves, Male Fern. Try yellow Dock, Black Walnut.*

**Pinworm:** Most common roundworm in US. Adult worms inhabit the cecum and other portions of the large and small intestines. Female worms crawl down intestines and pass out of the anus to lay eggs then return. Eggs may be carried in the air. Sheets, clothes, walls and carpets may contain the eggs which stay viable for weeks.



hodgkin      leukemia      heart problems      blindness      pneumonia      low blood sugar

Pregnant women and women with babies should be most cautious. Toxoplasmosis can be very serious to the fetus or newborn. Humans acquire by eating undercooked meat that has been infected. almost all house cats have been found to be infected and passing the cysts. Cysts are common in sand and litterboxes where cats defecate. The cysts can be killed by heat or extreme cold but not acids. *For help: oil of sassafras (2 drops on soles of feet 2x/daily) also take Uplift a combination of lecithin, licorice root and anise. Try pine oil and thyme oil (equal parts), 3 drops of this combination in apple juice 3x/day. Also homeopathic remedies.*

**Cryptosporidium Parasite:** In September 94 a TV broadcast from City officials : have discovered that a tiny parasite, cryptosporidium has become immune to chlorine and has infested 50% of our drinking water. The eggs are so small that 33% slip through the testing process. Many large cities are infested, specifically mentioning San Francisco, Milwaukee and new York. Cryptosporidium creates flu like symptoms. Stomach cramps and diarrhea. *For help: Protozoa Kit: Cuprum, Ipecac and Protozoa homeopathic drops. Also: Fern, Yellow Dock, Black Walnut and Cloves.*

**Neospora:** According to an article in Science News by J. Raloff, Neospora can infect any tissue, but according to parasitologist Jitender Dubey, it is most commonly found in the brain and spinal cord as is toxoplasma. Toxoplasma infects an estimated 35% of the US population. Neospora may be a factor in some cases of MS. *For Help: try Protozoa Kit containing cuprum and protozoa.*

**Sarcocystis:** Similar to toxoplasma, infects muscle tissues causing pain, swelling and degeneration. Releases a toxin called sarcocystin which man affect the central nervous system, heart, lung, adrenal glands, liver and intestines. May get from eating under-cooked meat or ingesting spores. *For help: Protozoa kit.*

**Parasties in the Spinal Fluid:** People in this situation are nervous, have trouble sleeping and are irritable. *For help: Special X Homeopathic, 3 tablets, 2x/day. Special X tea 1 cup 2x/day.*

**Tricomonas:** A species of protozoa that lives in the vagina and urinary tract of females and the prostate, seminal vesicles and urinary tract of males. In females, it may cause a burning and itching and chafing of the vagina, a vaginal discharge, frequent and painful urination, and an inflamed urinary bladder. It may also be associated with cervical cancer. In males there may be a small discharge, enlarged prostate, painful urination and inflammation along the urinary tract. It may be transmitted through sexual contact or by contact with contaminated articles. A prolonged infection may cause damage to the reproductive and urinary tissues. *For Help: Trichomonas homeopathic. Marshmallow root tincture or tea. To repair blocked female tubes rub a few drops of lemon oil over pelvic area twice a day for 3 weeks.*

**Giardia:** Lives in the small intestine and sometimes the gall bladder. It is very common and can cause great discomfort and damage to the intestinal walls. Diarrhea is most common symptom, but malabsorption, light colored fatty stools, gas, abdominal cramps, lactose and meat intolerance, folic acid and fat soluble vitamin deficiencies may also occur. Infection is either through contaminated food or water containing the cysts or through hand to mouth contact. Cysts have also been found in municipal water supplies. Chlorination and filtering do not always kill the cysts. Heat kills. *for help: giardia homeopathic. Combine with Goldenseal tincture. 7 drops 3x daily.*

**Ameba:** Single-celled, microscopic organism found in water, on fruits and vegetables, in soil and damp environments. Amebiasis is found everywhere in the world. Symptoms include diarrhea, constipation, abdominal pain, gas, weight loss, and chronic fatigue. Corticosteroid and other drug therapy can provoke the infection. Stress also plays an important role. Most infections occur somewhere along the digestive tract. Through ulcers, ameba may enter the bloodstream and eventually reach other organs like the liver and brain. *For help: Amoeba homeopathic. If infection is in the liver: Goldenrod, Goldenseal Root, Cloves. (Livah combination which Ananda carries). Follow a low carb diet. Drink Jasmine Tea.*

<b>Tapeworms:</b>	<b>Symptoms:</b>	Mineral imbalance	Thyroid imbalance
		Intestinal Gas	High and Low Blood Sugar
		Bloatedness	Jaundice
		fluid build-up at full moon	

Long flat, ribbon like creatures. Common in all parts of the world. Many different species of which man is easily the host. They live in the intestines where they absorb our nutrients, especially vitamin B-12 and folic acid. People with tapeworm infections feel toxic, dizzy and have unclear thinking, high and low blood sugar, hunger pains, poor digestion, allergies are sensitive to touch and have pernicious anemia. This results primarily from the worm's waste product. When the

worms roll up they lie under the right side of the ribs below the liver. Often they require an intermediate host besides humans and so are named accordingly.

**Beef Tapeworm.** About 1% of American cattle are infected and only about 80% are inspected for this worm. 25% of all infections are missed during inspection.

**Bladderworm.** The larval stage is a bladder worm. It can lodge in various organs including the heart and the brain. This cyst can be a constant source of irritation causing the body to have an allergic response. For help: Rascal, or black walnut tincture, sassafras, pine needles - make a tea and drink 3 8oz cups a day.

**Pork Tapeworm:** Adult worms may become 10 feet long. Humans ingest contaminated food, water, soil or hand to mouth contact. Larva may migrate to muscles, heart, eye, liver, spine and brain. Symptoms include headache, blindness, paralysis, epilepsy.

**Fish Tapeworm:** Largest of human tapeworms growing up to 30 feet. Eating of raw or under cooked fish (sushi!).

**Dog Tapeworm:** Infection through ingesting louse or flea that contains the larva. Symptoms (especially in children) are grinding of the teeth, disturbed sleep and intestinal disturbances.

**Dwarf Tapeworm:** Most common, small. May infect grain, which we ingest.

**Rat Tapeworm:** Similar to dwarf, only larger. Intermediate host between rat and human is grain beetle or flour moth. Man is infected through eating contaminated insects or grain.

*For help: Rascal. Start taking 5 days before the full moon and continue till bottle is finished.*

**Flukes:** Flat worms with two ventral suckers that allow them to attach to their host. Many species. Humans usually become infected through eating raw or undercooked fish or crab, eating infected vegetation like water chestnuts, watercress, or wading or drinking infected water. Once inside the body the worms migrate to different areas causing inflammation. Organs include lungs, heart, intestines, brain, urinary bladder, liver and blood vessels. Eggs have tiny spines on the outside that can cause great damage.

**Liver Flukes:** Symptoms: Jaundice, swelling of liver, pain in right side. For help: Liver fluke homeopathic with goldenrod, and cloves.

**Lung Flukes:** Weakened lungs easily attract. Symptoms: repeated flu, pneumonia and fungi infections. For help: lung flukes homeopathic and rebuild with vitamin A.

**Blood Flukes:** They have a hook to attach to blood cells. Cause blood clots. The heart suffers. Adults wake up in the night several times, during the day they are sleepy. Eventually affects the bone marrow. Certain species also release a proteolytic enzyme that destroys the globin in the blood. Known to take up certain amino acids especially arginine. *Help: Blood flukes homeopathic. Rebuild with Silica and Collinsonia Root.*

**Spirochetes:** Spiral shaped bacterium - on the borderline between protozoa and bacteria. Able to bend their bodies and oscillate while adhering to some object by one end. Symptoms: relapsing fever, infectious jaundice, sores and ulcers. They are widespread, difficult to diagnose, can attach to Candida Albicans, Epstein Barr or run down conditions such as Aids, cancer and immune deficient diseases. They multiply in blood and lymphatic systems. Five different kinds...one is Lyme's disease another is Wyle's disease (liver swelling). Syphilis is not the same (treat through MD). Symptoms: Tiredness, light fever, muscle pain, joint pain, interrupted sleep pattern, heavy feeling in legs, aching pains in feet. For help: Nettle, Yerba santa, goldenrod, organic tobacco, monolaurin (in formula that Ananda carries).

### How to Prevent:

Constipation invites parasites. Lack of gall bladder output invites parasites. Use 1-2 teaspoons of Bragg's apple cider vinegar in a bit of water. Worms and scavengers cannot take hold.

Pumpkin seeds keep worms away.

Garlic destroys worms.

Diatomaceous earth keeps worms away.

Cranberry Juice

No sugar

Calmyrna Figs (tiny seeds tear the skin of worms)

Pomegranats

Keep low carbohydrate diet.

No undercooked meats and fish

Wash all vegetables especially watercress and waterchestnuts

